

# unnecessary emergency room visits can cost you.



The average emergency room visit can cost more than \$1,000, and if it's not considered a medical emergency, you may be responsible for all the cost.

## how do you know what's urgent and what's an emergency?

### Urgent Care conditions may include:

- Ear infections
- Most cuts
- Colds and other respiratory problems
- Most burns
- Sprains and strains
- Most fractures
- Abdominal pain
- Back pain
- Vomiting and diarrhea

### Emergency conditions may include:

- Heavy bleeding
- Large, open wounds
- Sudden changes in vision
- Chest pain
- Sudden weakness or trouble talking
- Major burns
- Spinal injuries
- Severe head injuries
- Difficulty breathing

### ➔Urgent Care Locations

#### ARC Health & Wellness Centers

2205 Glendale Ave., #131  
Sparks, NV 89431  
775-331-3361

#### Urgent Care Plus at Galena

18653 Wedge Pkwy., #300  
Reno, NV 89511  
775-770-7210

#### Urgent Care Plus at Los Altos

5975 Los Altos Pkwy., #100  
Sparks, NV 89436  
775-354-0200

#### Saint Mary's Medical Group at South Virginia

8040 S. Virginia St., #4  
Reno, NV 89511  
775-852-3636

#### Saint Mary's Primary Plus @ Mae Anne

6180 Mae Anne Ave. #1  
Reno, NV 89523  
775-284-5556

#### Concentra Urgent Care

1530 E. 6th St.  
Reno, NV 89512  
775-322-5757

### ➔Hospital Locations

#### Saint Mary's Regional Medical Center

235 W. 6th St.  
Reno, NV 89503  
775-770-3000

#### Northern Nevada Medical Center

2375 E. Prater Way  
Sparks, NV 89434  
775-331-7000

If you ever experience a life-threatening situation, call 9-1-1 or visit the closest emergency room.

If you're unsure about your condition, call our 24-hour Telephone Advice Nurse (TAN) Service at **702.242.7330** or **1.800.288.2264**

# save time. save money. choose urgent care.



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